

57th Annual Conference of NUTRITION SOCIETY OF INDIA

14-15 November, 2025

Pre-conference workshops on 13 November, 2025

Venue: ICMR-National Institute of Nutrition, Hyderabad

Theme: *Suposhit Bharat for a Viksit Bharat*

PROGRAMME

DAY-1: 14 th November 2025		
7:30 – 8:30 am	Breakfast	
7:30 – 9:00 am	Registration	
INAUGURATION 09:00 - 09:45 am		
9:00 - 9:05 am	Welcome	Dr. Bharati Kulkarni Director ICMR-NIN, Hyderabad
9:05 - 9:10 am	About the Conference	Dr. G. Bhanuprakash Reddy Vice-President, NSI & Scientist G ICMR-NIN, Hyderabad
9:10 - 9:15 am	Secretary report	Dr. SubbaRao M Gavaravarapu Secretary, NSI & Scientist F, ICMR-NIN, Hyderabad
9:15 - 9:20 am	RELEASE OF SOUVENIR BOOK	
9:20 - 9:25 am	Remarks by	Dr. Rajoo Singh Chinna Vice-President, NSI & Director, Gastroenterology Fortis Hospital, Ludhiana
9:25 - 9:30 am	Remarks by	Dr. R. Hemalatha Immediate Past President, NSI & Former Director, ICMR-NIN, Hyderabad
9:30 - 09:40 am	Presidential address	Dr. Sarath Gopalan President, NSI & Sr. Pediatric Gastroenterologist & Hepatologist, Madhukar Rainbow Children's Hospital, New Delhi
09:40 - 09:45 am	Vote of thanks	Dr. Pulkit Mathur Joint Secretary, NSI & Professor, Dept of Food and Nutrition, Lady Irwin College, Univ. of Delhi
PLENARY Suposhit Bharat for a Viksit Bharat – Nutrition Solutions for a Healthier Future Chair: Dr. Bharati Kulkarni & Dr. Rajoo Singh Chinna 09:45 – 11:15 am		
09:45 – 10:00 am	Dr. Ranadip Chowdhury Research Scientist CHRD-SAS, New Delhi	Impact of multicomponent interventions for strengthening nutrition delivery’

10:00 – 10:15 am	Dr. Rekha S Singhal Professor Rekha Singhal Head, Department of Food Engineering and Technology, Institute of Chemical Technology, Mumbai	Food technology solutions promoting nutrition for Viksit Bharat'
10:15 – 10:30 am	Dr Suparna Ghosh-Jerath Program Head, Nutrition, The George Institute for Global Health, India	Inclusive intervention for promoting nutrition
10:30 – 10:45 am	Dr. Anura V Kurpad Professor, Physiology Department St. John's National Academy of Health Sciences, Bangalore	Leveraging AI for Nutrition
10:45 – 11:00 am	Prof Atul Gokhale Prof & Director SSCANS, SIU, Pune	Refocusing Culinary Arts Education for Nutrition: The Chef's Role in Building a Suposhit Bharat for a Viksit Bharat
11:000 – 11:15am	Ruchika Chugh Sachdeva Nutrition Lead, India Country Office GD Division Gates Foundation, INDIA	Building Human Capital Through Multisectoral Action: Lessons from Exemplars
11:15 - 11:30 am	Inauguration of Stalls & POSTER SESSION & TEA	POSTER SESSION – I [Community Nutrition (112) Nutrition Education & Comm. (20)]
PANEL DISCUSSION "50 Years of ICDS – Lessons and Opportunities" Moderator: Dr. Pulkit Mathur, Joint Secretary, NSI & Professor, Dept of Food and Nutrition, Lady Irwin College, Univ of Delhi 11:30 - 01:00 pm		
11:30 - 11:45 am	Dr Sheila C. Vir Founder Director and Senior Consultant, Public Health Nutrition and Development Centre, New Delhi	Flagging the key issues on "Trajectory of ICDS and Future Priorities"
11:45 - 11:50 am	Dr Anita Makhijani Dy Technical Advisor Ministry of Women and Child Development, New Delhi	
11:50 - 11:55 am	Dr. Khyati Tiwari Nutrition Specialist, UNICEF Hyderabad Office Hyderabad	
11:55 - 12:00 pm	Dr. Rupal Dalal Associate Professor (Adjunct) IIT Bombay	
12:00 - 12:05 pm	Mini Varghese Country Director for India, Nutrition International's, New Delhi, India	
12:05 - 12:10 pm	Dr. M.S. Radhika Scientist - F & Head, Dietetics Division ICMR-NIN, Hyderabad	
12:10 - 01:00 pm	Q & A and Closing Remark	Moderator
1:00 - 2:00 pm	LUNCH	

PARALLEL SESSIONS 2:00 - 4:00 pm			
2:00 - 4:00 pm	Session	Category	Venue
	Young Scientist Award Session-I	Junior Award (Experimental Nutrition & Community Nutrition)	Main auditorium
	Oral Presentations - Session-I	Community Nutrition-I (9) Experimental Nutrition-I (7) Food Science Nutrition-I (6) Clinical Nutrition (6) Nutrition Education & Comm. (8)	Assembly Hall M.Sc. Class Room Conference Hall Animal House Conf. Hall PGCN Class Room
	Poster Session – II	Food Science Nutrition (128)	Poster Session Block
PARALLEL SESSIONS 4:00 - 5:00 pm			
4:00 - 5:00 pm	PARTNER SESSION (Venue: Main auditorium) Chairperson: Dr.B.Dinesh Kumar, Scientist (Retd.), ICMR-NIN & Dr.A.Laxmaiah, Scientist (Retd.), ICMR-NIN		
4:00 - 4:10 pm	Representative U.S. Cranberries	Haritha Bathina , RD Chief Clinical Dietitian, Apollo Hospitals, Hyderabad.	Understanding H. pylori's Role in Gut Function: The Protective Power of Cranberries
4:10 - 4:20 pm	Representative Thyrocare	Dr Ritu Budania General Manager, Head Catalog, Thyrocare	Role of Diagnostics in a Nutritionist's Life
4:20 - 4:30 pm	Representative Hazelnuts Ampro Marketing	Ms. Kavita Devgan Nutritionist, Author, and Health Columnist	Hazelnuts – The Smart Choice for Healthy Living
4.30 - 4:40 pm	Representative InBody	Ms Sakshi Sachin Mhatre Clinical Dietitian, InBody	Understanding Sarcopenic Obesity in Type 2 DM : A Nutritionist's Perspective
4.40 - 4:50 pm	Representative Natfirst	Dr Aman B.S. Cofounder and Chief Medical Officer, Natfirst	An Ontological Mapping of the Indian Packaged Food Supply: Analyzing Nutritional composition, Ingredient Profiles, and Consumer Engagement
4:00 - 5:00 pm	SESSION on Food policy and strategies for reducing the burden of NCD in India (Venue: Assembly Hall) Conducted by: Global Health Advocacy Incubator, (GHAH) Moderator: Sanjay Kumar Pandey, Health Financing Lead, Global Immunization National Policy Advisor - India CVH		
4:00 - 4:10 pm	GHAH Representative	Objective setting, Welcome and introduction to panel	
4:10 - 4:20 pm	Dr. Sanjay Pandey, GHAH	Overview of current Scenario of NCD and obesity in India	
4:20 - 4:30 pm	Dr. K. Madhvan Nair Scientist (Retd.) ICMR-NIN, Hyderabad	FOPL and other regulatory measures as a strategy to address the NCD burden in India	
4:30 - 4:40 pm	Dr. William Joe IEG	Health Tax and other Fiscal policy as a part of comprehensive strategy to address the NCD and obesity burden in India	

4:40 - 4:50 pm	Dr. Surya Goud Scientist ICMR-NIN, Hyderabad	Reduction in salt consumption for the reducing burden of the Hypertension in India	
4:50 - 5:00 pm	Q & A and Summing up by Moderator		
5.00 - 6:00 pm	TEA & Executive Committee Meeting		
6.00 - 6:45 pm	37th Dr. S.G. SRIKANTIA MEMORIAL AWARD LECTURE on Nutrition and Physical Activity the critical link to NCDs in India by Dr. R. M. Anjana Managing Director Dr. Mohan’s Diabetes Specialities Centre & President, Madras Diabetes Research Foundation, Chennai		
6.45 - 7:30 pm	49th GOPALAN ORATION on Healthy Indians for Viksit Bharat: Innovations to reduce CVD burden among Indians By Prof. D. Prabhakaran Executive Director Centre for Chronic Disease Control (CCDC) New Delhi		
7:30 - 8:30 pm	Cultural activities		
8:00 pm onwards	Dinner		
DAY-2: 15th November 2025			
7:30 – 8:30 am	Breakfast		
8:30 – 9:15 am	Annual General Body Meeting		
PARALLEL SESSIONS 9:15 - 10:45 am			
9:15 - 10:45 am	Session	Category	Venue
	Young Scientist Award Session–II	Senior Award (Experimental Nutrition & Community Nutrition)	Main auditorium
	Oral Presentations - Session-II	Community Nutrition-II (8) Experimental Nutrition-II (6) Food Science Nutrition-II (5) Nutrition Health Policy Res. (8) Sports Nutrition (7)	Assembly Hall M.Sc. Class Room Conference Hall Animal House Conf. Hall PGCN Class Room
	Poster Session – III	Experimental Nutrition (41) Clinical Nutrition (68) Sports Nutrition (12) Nutrition Health Policy Res. (18)	Poster Session Block
10:45 - 11.00 am	Tea and POSTER SESSION-III		

11:00 - 11.15 am	Presentation of 12th Dr. B.K. ANAND MEMORIAL AWARD to Dr. Pratibha Dwarkanath Professor, Division of Nutrition St. John’s Research Institute, Bangalore	
11:15 - 12.00noon	16th DR. RAJAMMAL P DEVADAS MEMORIAL AWARD LECTURE On “From Omega-3s to Optimal Nutrition: A Journey in Public Health Nutrition” by Dr. Shweta Khandelwal Vice President, Social and Economic Empowerment Practice IPE Global Limited	
DEBATE “Do we need indigenous Growth Standards for Children?” Moderator: Dr.B.Sesikeran, Former Director, ICMR-NIN, Hyderabad & Past President, NSI 12.00 - 1.20 pm		
12.00 - 1.10 pm	Flagging the issues Dr. B. Sesikeran	
	FOR INDIGENOUS GROWTH STANDARDS	
	Speaker 1: Dr. Harshpal Singh Sachdev Senior Consultant, Pediatrics & Clinical Epidemiology, Sitaram Bhartia Institute of Science and Research, New Delhi	Speaker 2: Dr. Sai Ram Challa Scientist E & Head, Division of Maternal and Child Health & Nutrition, ICMR-NIN, Hyderabad
	AGAINST INDIGENOUS GROWTH STANDARDS	
	Speaker 1: Dr Vandana Prasad Community Pediatrician and National Convenor, Public Health Resource Network, New Delhi	Speaker 2: Dr. Rasmi Avula Research Fellow in the Nutrition, Diets, and Health Unit IFPRI, Hyderabad
1:10 - 1:20 pm	Discussion	
1:20 - 2:20 pm	Lunch	
SESSION ON ‘VITAMIN D’ Moderator: Dr. Sarath Gopalan, President, NSI 2.20 - 3.20 pm		
2:20 - 2:35 pm	Dr. Raman K. Marwaha Department of Endocrinology and Thyroid Research, Institute of Nuclear Medicine and Allied Sciences (INMAS), New Delhi	Current Vitamin D scenario in India and interpretation of observations backed by scientific evidence
2:35 - 3:20 pm	Panel Discussion - "Practical issues to consider and the way forward"	
	Dr. Raman K. Marwaha	
	Dr. Rakesh Kumar Sahay Senior Consultant Endocrinologist, Hyderabad	
	Dr. G. Bhanuprakash Reddy Scientist G & HoD, Biochemistry Division, ICMR-NIN, Hyderabad	
3:05 - 4:00 pm	CONCLUDING CEREMONY/ AWARD PRESENTATIONS	